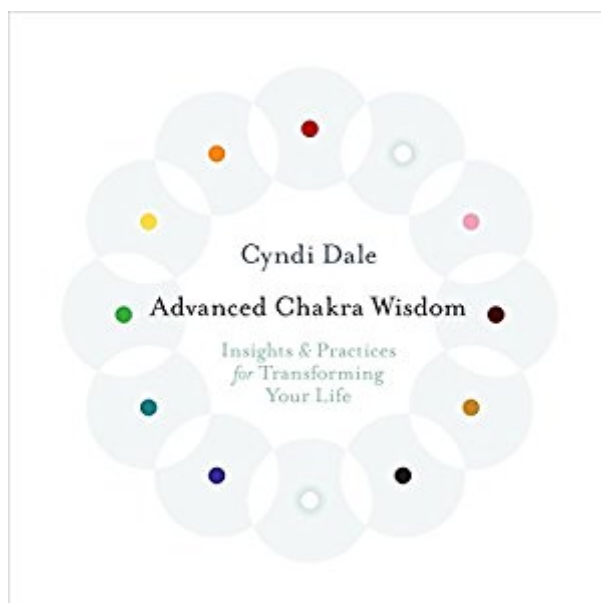


The book was found

Advanced Chakra Wisdom: Insights And Practices For Transforming Your Life



Synopsis

You know that the chakras are a powerful healing tool - but did you know that is only the beginning? By tapping in to the full potential of your chakras, teaches Cyndi Dale, you open a gateway to health, prosperity, joy, and the expression of your own unique gifts. In *Advanced Chakra Wisdom*, this world-renowned author and intuitive healer provides all the tools you need to explore your body's 12 key chakras and to unlock the power hidden in each one. A Cross-Cultural Master Class About Harnessing the Chakras Most available resources focus on the seven basic chakras and their role in maintaining good health. Yet Cyndi Dale's experience as both a healer and a scholar has led her to significantly expand this picture of the chakras and their greater spiritual importance. Drawing upon wisdom traditions from around the world - including Chinese qi medicine, shamanism, and modern science - she delivers a myriad of techniques for applying chakra practice to every aspect of your life. Do you know which chakra is most important for manifestation? How to use the chakras to explore past lives? Which life energies are governed by your eighth, ninth, and even 12th chakras? Using a succession of guided meditations to bring you into direct contact with your chakras one by one, Cyndi Dale helps you discover the dynamic properties inherent in each energetic focus. Starting with the fundamentals for beginners, she guides you with clarity and detail through practices that open surprising new doors for even experienced practitioners. Whether your practice focuses on healing, strengthening your relationships, boosting your creativity, or experiencing unity with the divine, the chakras hold the key to realizing your goals. *Advanced Chakra Wisdom* brings you an indispensable treasury of practical techniques and transformative teachings for tapping your body's energy system - and realizing the boundless potential available to you through the chakras.

Book Information

Audible Audio Edition

Listening Length: 7 hours and 5 minutes

Program Type: Audiobook

Version: Original recording

Publisher: Sounds True

Audible.com Release Date: October 6, 2015

Language: English

ASIN: B01672YS02

Best Sellers Rank: #48 in Books > Religion & Spirituality > Hinduism > Chakras #111 in Books

> Health, Fitness & Dieting > Alternative Medicine > Energy Healing #380 inÂ Books > Audible Audiobooks > Religion & Spirituality > New Age & Occult

Customer Reviews

I love her work. She is easy to understand and follow. It gave me the chills as she works with each chakra, asking what do you see, feel etc. This is so healing. I can't wait to do them over and over. I want to write everything down as she works you through each Chakra. I had no idea there were so many Chakras outside the main 7. It is very powerful and healing. You will not regret getting this set. I will look for more of her works.

Started listening to the lessons and found I was effortlessly absorbing the information. Great resource on the Chakra subject

The depth of knowledge she has is amazing. her ability to communicate nuances is superb, this has enriched my ability more than I ever imagined.

Cyndi Dale is more than delightful she is lovingly wise, genuine, beyond average and smart. Love her voice, her books, and her words of wisdom and counsel.

[Download to continue reading...](#)

Advanced Chakra Wisdom: Insights and Practices for Transforming Your Life Chakra Wisdom Oracle Cards: The Complete Spiritual Toolkit for Transforming Your Life Kundalini Meditation: Guided Chakra Practices to Activate the Energy of Awakening Chakra Wisdom Oracle Toolkit: A 52-Week Journey of Self-Discovery with the Lost Fables Insights on 1 & 2 Thessalonians (Swindoll's Living Insights New Testament Commentary) Chakra Foods for Optimum Health: A Guide to the Foods That Can Improve Your Energy, Inspire Creative Changes, Open Your Heart, and Heal Body, Mind, and Spirit Compassion Haiku: Daily insights and practices for developing compassion for yourself and for others The 'Whatever Arises, Love That' Course: Insights and Practices to Open the Heart and Live as Love Transforming Undergraduate Education: Theory that Compels and Practices that Succeed Your Money or Your Life: 9 Steps to Transforming Your Relationship with Money and Achieving Financial Independence: Revised and Updated for the 21st Century Advanced Software Testing - Vol. 3, 2nd Edition: Guide to the ISTQB Advanced Certification as an Advanced Technical Test Analyst Advanced Software Testing - Vol. 2, 2nd Edition: Guide to the ISTQB Advanced Certification as an Advanced Test Manager Your Money or

Your Life: 9 Steps to Transforming Your Relationship with Money and Achieving Financial Independence
Wheels of Life: A User's Guide to the Chakra System
Wheels of Life: A User's Guide to the Chakra System (Llewellyn's New Age Series)
Praying with Mother Teresa: Prayers, Insights, and Wisdom of Saint Teresa of Calcutta
The Wisdom of Compassion: Stories of Remarkable Encounters and Timeless Insights
Chakra Clearing: A Morning and Evening Meditation to Awaken Your Spiritual Power
Discovering the Word of Wisdom: Surprising Insights from a Whole Food, Plant-based Perspective
Chakra Awakening: Transform Your Reality Using Crystals, Color, Aromatherapy & the Power of Positive Thought

[Dmca](#)